

## ASLAN Life Compound F

| <b>die Bezeichnung des Lebensmittel</b>   | Nahrungsergänzungsmittel mit Magnesium, Selen und Nachtkerzenöl  |                    |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
|---|--|--------------------|----------|---------------|-------------------------|-------|----------|---------------|--------|--|---------|-----------|--------|-----|--------|-------|-------|-----|--------|--------------|------|--|--------|-----------|--------|-----|---------|------------|--------|------|---------|------------|--------|------|---------|------------|------|------|--------|-------------|-------|------|---------|-----------|--------|------|--------|-----------|------|------|---------|-----------|----------|------|-------|----------------|------|------|--------|--------|-------|-----|--------|----------|--------|------|----------|--------|--------|------|----------|-----------|-------------------------|----------|-----------|------------------|--------------------|------|--------|------|---------------|--------|------|--------|--------|------|
| <b>das Verzeichnis der Zutaten, inklusive etwaiger Allergene und der Menge bestimmter Zutaten oder Klassen von Zutaten;</b> | <p>Zutaten:<br/>           Nachtkerzenöl, Gelatine, Magnesiumoxid, Glycerol, <b>Sojaöl</b>, Calciumascorbat, gereinigtes Wasser, RRR-Alpha-Tocopherol, Biotin, Cyanocobalamin, Lecithin, Nicotinamid, Maltodextrin, Meeresalgenextrakt (<i>Dunaliella salina</i>; Quelle für natürliches Beta-Carotin), Calciumpantothenat, Pyridoxinhydrochlorid, Vitamin Apalmitat, Beta-Carotin, Thiaminnitrat, Riboflavin, Colecalciferol, Folsäure, Natriumselenit, Farbstoffe: Carminlack, Eisenoxydpigment Rot, Titandioxid, Eisenoxydpigment Schwarz</p>   |                    |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| <b>die Nettofüllmenge des Lebensmittels</b>   | 60 Kapseln (= 57 g)  |                    |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| <b>gegebenenfalls besondere Anweisungen für Aufbewahrung und/oder Anweisungen für die Verwendung;</b>                       | <p><b>Verzehrempfehlung:</b><br/>           Als Ergänzung zu den Mahlzeiten jeweils morgens und abends eine Kapsel ASLAN Life Compound F mit etwas Flüssigkeit schlucken. Trocken und lichtgeschützt in der Packung und nicht über 25 °C aufbewahren.</p> <p><b>Wichtige Hinweise:</b><br/>           Verwenden Sie Nahrungsergänzungsmittel nicht als Ersatz für eine ausgewogene und abwechslungsreiche Ernährung und gesunde Lebensweise. Die angegebene empfohlene tägliche Verzehrmenge darf nicht überschritten werden. Lagern Sie die Kapseln außerhalb der Reichweite von kleinen Kindern.</p>   |                    |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| <b>der Name oder die Firma und die Anschrift des Lebensmittelunternehmers;</b>  | ASLAN Arzneimittel GmbH & CO. KG<br>Obere Oese 2-4<br>58675 Hemer  |                    |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| <b>das Ursprungsland oder der Herkunftsort, falls dies für das Lebensmittel vorgesehen ist</b>                              | -  |                    |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| <b>eine Gebrauchsanleitung, falls es schwierig wäre, das Lebensmittel ohne eine solche angemessen zu verwenden</b>          | -  |                    |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| <b>für Getränke mit einem Alkoholgehalt von mehr als 1,2 Vol.-% die Angabe des vorhandenen Alkoholgehalts in Vol.-%</b>     | -  |                    |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| <b>eine Nährwertdeklaration (wobei insoweit bestimmte Übergangsfristen bestehen)</b>  | <table border="1"> <thead> <tr> <th>Inhaltsstoffe</th> <th>pro Tagesdosis (2 Kps.)</th> <th>%NRV*</th> <th>je 100 g</th> </tr> </thead> <tbody> <tr><td>Nachtkerzenöl</td><td>630 mg</td><td></td><td>32,81 g</td></tr> <tr><td>Magnesium</td><td>120 mg</td><td>32%</td><td>6,25 g</td></tr> <tr><td>Selen</td><td>50 µg</td><td>91%</td><td>2,6 mg</td></tr> <tr><td>Beta-Carotin</td><td>2 mg</td><td></td><td>0,10 g</td></tr> <tr><td>Vitamin A</td><td>660 µg</td><td>83%</td><td>34,4 mg</td></tr> <tr><td>Vitamin B1</td><td>1,2 mg</td><td>109%</td><td>62,5 mg</td></tr> <tr><td>Vitamin B2</td><td>1,6 mg</td><td>114%</td><td>83,3 mg</td></tr> <tr><td>Vitamin B6</td><td>2 mg</td><td>143%</td><td>0,10 g</td></tr> <tr><td>Vitamin B12</td><td>20 µg</td><td>800%</td><td>1,04 mg</td></tr> <tr><td>Vitamin C</td><td>100 mg</td><td>125%</td><td>5,21 g</td></tr> <tr><td>Vitamin D</td><td>8 µg</td><td>160%</td><td>0,42 mg</td></tr> <tr><td>Vitamin E</td><td>26,84 mg</td><td>224%</td><td>1,4 g</td></tr> <tr><td>Pantothensäure</td><td>6 mg</td><td>100%</td><td>0,31 g</td></tr> <tr><td>Niacin</td><td>14 mg</td><td>88%</td><td>0,73 g</td></tr> <tr><td>Folsäure</td><td>300 µg</td><td>150%</td><td>15,62 mg</td></tr> <tr><td>Biotin</td><td>200 µg</td><td>400%</td><td>10,42 mg</td></tr> </tbody> </table><br><table border="1"> <thead> <tr> <th>Nährwerte</th> <th>pro Tagesdosis (2 Kps.)</th> <th>je 100 g</th> </tr> </thead> <tbody> <tr><td>Brennwert</td><td>9,2 kcal (40 kJ)</td><td>972 kcal (4230 kJ)</td></tr> <tr><td>Fett</td><td>0,82 g</td><td>88 g</td></tr> <tr><td>Kohlenhydrate</td><td>0,22 g</td><td>22 g</td></tr> <tr><td>Eiweiß</td><td>0,40 g</td><td>44 g</td></tr> </tbody> </table> <p>*Prozentsatz der Nährstoffbezugswerte (Nutrient Reference Values) nach LMIV</p> |                    |          | Inhaltsstoffe | pro Tagesdosis (2 Kps.) | %NRV* | je 100 g | Nachtkerzenöl | 630 mg |  | 32,81 g | Magnesium | 120 mg | 32% | 6,25 g | Selen | 50 µg | 91% | 2,6 mg | Beta-Carotin | 2 mg |  | 0,10 g | Vitamin A | 660 µg | 83% | 34,4 mg | Vitamin B1 | 1,2 mg | 109% | 62,5 mg | Vitamin B2 | 1,6 mg | 114% | 83,3 mg | Vitamin B6 | 2 mg | 143% | 0,10 g | Vitamin B12 | 20 µg | 800% | 1,04 mg | Vitamin C | 100 mg | 125% | 5,21 g | Vitamin D | 8 µg | 160% | 0,42 mg | Vitamin E | 26,84 mg | 224% | 1,4 g | Pantothensäure | 6 mg | 100% | 0,31 g | Niacin | 14 mg | 88% | 0,73 g | Folsäure | 300 µg | 150% | 15,62 mg | Biotin | 200 µg | 400% | 10,42 mg | Nährwerte | pro Tagesdosis (2 Kps.) | je 100 g | Brennwert | 9,2 kcal (40 kJ) | 972 kcal (4230 kJ) | Fett | 0,82 g | 88 g | Kohlenhydrate | 0,22 g | 22 g | Eiweiß | 0,40 g | 44 g |
| Inhaltsstoffe   | pro Tagesdosis (2 Kps.)  | %NRV*              | je 100 g |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Nachtkerzenöl   | 630 mg   |                    | 32,81 g  |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Magnesium   | 120 mg   | 32%                | 6,25 g   |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Selen   | 50 µg  | 91%                | 2,6 mg   |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Beta-Carotin  | 2 mg   |                    | 0,10 g   |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Vitamin A   | 660 µg   | 83%                | 34,4 mg  |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Vitamin B1  | 1,2 mg   | 109%               | 62,5 mg  |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Vitamin B2  | 1,6 mg   | 114%               | 83,3 mg  |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Vitamin B6  | 2 mg   | 143%               | 0,10 g   |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Vitamin B12   | 20 µg  | 800%               | 1,04 mg  |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Vitamin C   | 100 mg   | 125%               | 5,21 g   |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Vitamin D   | 8 µg   | 160%               | 0,42 mg  |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Vitamin E   | 26,84 mg   | 224%               | 1,4 g    |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Pantothensäure  | 6 mg   | 100%               | 0,31 g   |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Niacin  | 14 mg  | 88%                | 0,73 g   |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Folsäure  | 300 µg   | 150%               | 15,62 mg |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Biotin  | 200 µg   | 400%               | 10,42 mg |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Nährwerte   | pro Tagesdosis (2 Kps.)  | je 100 g           |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Brennwert   | 9,2 kcal (40 kJ)   | 972 kcal (4230 kJ) |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Fett  | 0,82 g   | 88 g               |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Kohlenhydrate   | 0,22 g   | 22 g               |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |
| Eiweiß  | 0,40 g   | 44 g               |          |               |                         |       |          |               |        |  |         |           |        |     |        |       |       |     |        |              |      |  |        |           |        |     |         |            |        |      |         |            |        |      |         |            |      |      |        |             |       |      |         |           |        |      |        |           |      |      |         |           |          |      |       |                |      |      |        |        |       |     |        |          |        |      |          |        |        |      |          |           |                         |          |           |                  |                    |      |        |      |               |        |      |        |        |      |